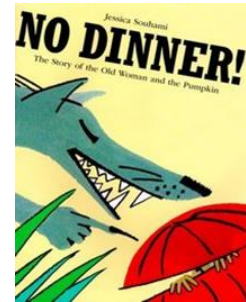


Take 5: Ideas for Independent/Home Learning

No Dinner by Jessica Souhami (Frances Lincoln)



1. Explore it

Read aloud the spread below and spend time looking at the illustration together:



Talk together about what you have read and seen, focussing on the setting, characters and what is happening. Where is this story taking place? How do you know? Who is in this story? How do these characters feel about each other? What tells you this?

Now think about the old woman. How would you describe her? Why do you think she is enjoying eating all this lovely food? Why did she go to her granddaughter's house?

Now think about what might happen next in the story. How do you think she could she get home safely?

2. Illustrate it

Look at the feast that the old woman's granddaughter has prepared for her. What kind of food can you see? Which fruit would you like to eat most if you were the old woman? Why do you like it so much? How would you describe it to look at? Is it brightly coloured on the outside or maybe its dull skin hides a surprise

inside? Is it rough or smooth? How does it smell? Is it sweet or tangy to taste? Is it crunchy or squishy? Draw or paint your favourite fruit from the feast using what you have to hand. Think about how to recreate the shapes, colours and textures that you can see and feel. Talk about your fruit as you draw it.

You could also draw the old woman eating your fruit. How can you show her reaction to it? How will her face show that she is enjoying it?

3. Talk about it

- Why does the old woman go to her granddaughter's house?
- Why would she need to get nice and fat? What was she like before?
- What lies between her granddaughter's house and her own home?
- Which animals do you think might live in the forest and would want to eat her?
- Have you ever felt hungry? Who feeds you?

4. Imagine it

Think again about the food that the granddaughter prepared. As well as the fruit that you can see, what else might she have prepared?

Look at the empty bowls. What do you think they had in them before the old woman ate them to get 'nice and fat'? What would you eat with chopsticks? What treats could you fill the bowls with?

What would you want to make to feed the old woman if you were her? What do you think she would like most? What kind of healthy food would you prepare? What kind of sweet treats would she like? You could draw the bowls full of this food that you think the granddaughter prepared for her.

5. Create it

Think about somebody that you would like to give food to as a present or to help them stay healthy. Are they in your family, a friend or a neighbour? What do they like to eat? What will be healthy for them?

Maybe you want to plan and create a special dish or plate of food that you enjoy as a family? Can you learn how to create it together? What ingredients do you need? What do you have to do with them? Do you have a recipe that you can follow or can somebody show you? Do you have to learn a special skill or take care in any way?

As you follow each instruction, get someone to take photographs so that you can talk about it afterwards. You can make a recipe to go with your food present so that your special person knows how to make it themselves. Test out your recipe by asking somebody else to follow it. You can check you have included all the details you need.

You can see what recipes can look like or you can learn new recipes by visiting cooking websites like CBeebies I Can Cook series: <https://www.bbc.co.uk/food/programmes/b00w1ddl/episodes>